



Southwest
Psychotherapy & Counselling
Alliance



Understanding **SELF AND OTHER**

Certificate in TA Theory and Practice

One-year training in
foundational interpersonal
principles, with a focus on
clinical skills

Course Begins

October 2026 in Exeter

Contact

info@swpcalliance.co.uk
01392 927132

Focus on

- Psychotherapy
- Counselling
- Organisations
- Education

Learn about

- Effective communication
- Your own patterns
- Group dynamics
- Psychological difficulties

REGISTER NOW

DEVELOP YOUR SKILLS

PURPOSE

An exploration into self-development, CPD, for those considering a career change or as a foundation in further therapeutic training. Our certificate offers a chance to develop clinical skills with a broad base of knowledge.

ENTRY

We welcome applications from a diverse range of backgrounds, and we value lived experiences as well as academic and vocational expertise and qualifications.

FREQUENCY

The course runs monthly on weekends
Saturday 9.30 - 5pm and
Sunday 9.30 - 4.30pm

VENUE



Rougemont Hotel

1 Queen Street, Exeter, Devon, EX4 3SP

COURSE DATES

- 1 10th–11th October 2026
- 2 14th–15th November 2026
- 3 12th–13th December 2026
- 4 9th–10th January 2027
- 5 13th–14th February 2027
- 6 13th–14th March 2027
- 7 10–11th April 2027
- 8 8th–9th May 2027
- 9 12th–13th June 2027
- 10 10th–11th July 2027



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🌐 www.swpcalliance.co.uk